



Welcome to Midtown

Detroit!

Dance Science and Somatics Educators *Gaining Momentum* 2024 Conference Information Sheet

Conference Location: Maggie Allesee Department of Theatre and Dance
Old Main 3rd Floor: 4841 Cass Ave, Detroit, MI 48201

Saturday Catered Lunch: Hilberry Gateway Lobby 4715 Cass Ave, enter on Cass Ave, 11:30a-1p
Q Line Stop: Warren Avenue

Getting to the conference site: (enter through these two entrances or else you may get lost!)

- Old Main front doors on Cass Ave: Take stairs or elevator to third floor. Exit and walk straight back through corridor marked 'Maggie Allesee Department of Theatre and Dance.' Registration is at the end of the hallway in 3343, Studio C.
- Hancock St. Entrance (accessible entrance): Take stairs or elevator to third floor. Exit and walk towards wood double doors past light blue tables and chairs. Will see Studio E 3373 first. Turn left and walk up the ramp to the main hallway, Studio C 3343 will be on your left.

Pilates Lab: To get to the Pilates Lab 1415, enter through the Hancock St. Entrance and take stairs or elevator up one floor to first floor. Exit and walk towards the bathrooms, Pilates Lab is the first classroom on your right past bathrooms – the last classroom on the hallway. If you get lost, go to registration table in 3343 and ask for directions.

Parking

- Wayne State offers visitor parking in many lots/structures around \$10-12/day. [Here is a link to parking website.](#)
- Ample street parking is available at \$1.15/hr for 2 hours at a time. Download the [Park Detroit App](#). Note tickets are \$45, and are given out regularly.
- Second Ave, while marked as metered, is currently not metered and free for all. If you can find a spot on second, it is your lucky day!
- Directly across Cass Ave from Old Main is a \$5 All Day Cash Only lot –many guests park here. If no one is in the booth to collect money when you arrive, park and then go back in a couple of hours and give them your \$5, and point to which car is yours. It's an informal operation.

Public Safety



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Wayne State University has its own police force. They are responsive and very helpful, faster than 911. If you have any issues while on campus or in surrounding areas, please call (313)577-2222 and notify conference host Hannah Andersen immediately, (509)951-2391, handersen@wayne.edu.

Midtown Detroit home of Wayne State University is a hub for culture and cuisine, in addition to campus amenities. Make sure to take advantage of the [Q Line](#) (free) to get to places up and down the midtown corridor. New Center and Downtown are both full of historical and world class food and amenities and can be access on the Q Line. Amazing places to visit include: Detroit Institute of the Arts, Detroit Public Library, Charles H Wright Museum of African American History, Michigan Central Station, Detroit Historical Museum, Museum of Contemporary Art Detroit, Corktown neighborhood.

Below are a few recommendations the dance faculty frequent for food.

[Here is a link to reviews of local spots.](#)

Groceries

Whole Foods on MLK Blvd and Woodward

Marcus Market on Second is a well-stocked convenience store a few blocks from the conference Student Center, Cass Ave, and Anthony Wayne Drive are all hubs for campus amenities

Coffee/Breakfast

-320 Coffee + Creamery (coffee, breakfast sandwiches, other light fare)

Café Sous Terre

Beyond Juice on Anthony Wayne Drive

Juice Joint in the back of Marcus Market (smoothies) / there is a taco place there too!

Red Hook (a bit of a hike but worth it)

Starbucks in the campus bookstore and student center

Lunch/Dinner that won't break the bank

Ima / Supercrisp

Shangri La

Jolly Pumpkin/Avalon Bakery

Hop Cat

Seva (vegetarian)

La Feria

Pie Sci Pizza

Kresge Court in the Detroit Insitute of Arts

Slows to Go BBQ

Cold Truth Vegan Soft Serve

Recommended Entertainment and Culture

Friday:

[Regeneration: Black Cinema 1898-1971](#)

Detroit Institute of the Arts; 5200 Woodward Avenue (across Woodward from Old Main)

Link for tickets: <https://dia.org/tickets>



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Tickets purchased at the door or online, closes at 9pm

Saturday:

[World Ballet Festival](#) at Detroit Music Hall with featured guests Tiler Peck and Roman Mejia (NYC Ballet) Tickets \$40 and up, 7pm Curtain. Can be accessed via Q Line transit.